Publications:

Books and Monographs:


**Chapters and Articles:**


Daily stressors and adult day service use by family caregivers: Effects on depressive symptoms, positive mood and DHEA-S. *American Journal of Geriatric Psychiatry.*
DOI:http://dx.doi.org/10.1016/j.jagp.2014.01.013


**Reviews:**


Other Publications:


Presentations at Scientific and Professional Meetings:


takes two! Understanding dyadic relationships in adulthood and older adulthood. Gerontological Society of America, San Diego, CA.


Zarit, S. H. (2008, Dec.). Supporting families and disabled elders: The critical role of adult day service programs. Presented at the 15th Anniversary Celebration, Adult Day Services Program, Virginia Tech University, Blacksburg, VA.


Other Presentations


Zarit, S. H., (2011, May). International collaboration in research and graduate education. Presented at the conference, Challenges in Internationalisation, School of Health Sciences, Jönköping University,


Zarit, S. H. (2009, August). What is successful aging? Perspectives from the USA and Sweden. Presented at the University for Older Adults, Nagoya University, Nagoya, Japan.


Zarit, S. H. (1999, Oct.) The final frontier: Perspectives on the oldest old. Presented at the Gerontology Center, University of Montreal, Montreal, Quebec.


Zarit, S. H. workshop presenter (April, 1998). Effective interventions with family caregivers. Medical College of Georgia, Augusta, GA.


Zarit, S. H. Keynote address (Oct., 1998). Interventions with family caregivers: Research findings and clinical approaches. Seminar on Clinical Support Services with Older Adults. Department of Psychology, University of Indianapolis, Indianapolis, IN.


Zarit, S. H. Keynote address (Oct., 1997). Interventions with family caregivers: Research findings and clinical approaches. Seminar on Clinical Support Services with Older Adults. Department of Psychology, University of Indianapolis, Indianapolis, IN.

Workshop on Special Alzheimer’s Care: Centre Crest Nursing Home, Bellefonte, PA, Dec., 1996.


Workshop presented for Multicare Corp.: Alzheimer’s care: Train the trainer. Penn State Scanticon, University Park, PA, May, 1996.

1996 Evan G. and Helen G. Pattishall Outstanding Research Award Address: Families at the crossroads: Caring for disabled older people. College of Health and Human Development, Penn State University, University Park, PA, April, 1996.


Workshop: Mental health and aging. Workshop presented for the Geriatric Education Center of Pennsylvania, Coatesville, PA., April, 1995.


Invited lecture, "Research perspective on family caregiving." American Society for Aging, Chicago, IL, April, 1993.


Paper: Decision making and dementia: Conference on decision making in long term care, University of Minnesota, December, 1989. (with C. Goodman)

Paper: Burden of care on family members: Determining factors and interventions research workshop, Centre Community Hospital of Cotes-des-Neiges, Montreal, Canada, October, 1989.


Symposium: Controlled studies of caregiver support programs. Presented at the meetings of the Gerontological Society of America, Washington, DC, November, 1987. (Discussant)


Symposium: Memory complaints in clinical and nonclinical aged groups. Presented at the meetings of the American Psychological Association, New York, August, 1987. (Discussant)

Discussion: Changes in memory complaints with treatment of depression: What do we know about sex differences? Presented at the meetings of the Gerontological Society of America, San Antonio, TX, November, 1984. (Discussant)

Discussion: Maximizing the potential of visually impaired older persons. Presented at the meetings of the Gerontological Society of America, San Francisco, November, 1983. (Chair and presenter)

Discussion: Analysis of videotaped interactions in families of senile dementia patients. Presented at the meetings of the Gerontological Society of America, San Francisco, November, 1983. (Discussant)


Discussion: Support groups for caregivers of senile dementia patients: Differences in organizational models and strategies. Presented at the meetings of the Gerontological Society of America, Boston, November, 1982. (Chair and presenter)

Symposium: Senile dementia and the community: Research and clinical issues. Presented at the meetings of the Western Psychological Association, Sacramento, April, 1982. (Chair and presenter)

Workshop: Senile dementia and the community. Presented at preconvention workshop, American Psychological Association, Los Angeles, CA, August, 1981. (Co-leader)


Symposium: Issues in clinical research and practice with the elderly. Presented at the meetings of the Western Psychological Association, San Francisco, April, 1978. (Chairperson and Participant)

Symposium: Memory and memory complaints of the community aged: Interventions and findings. Presented at the meetings of the Gerontological Society, San Francisco, November, 1977. (Chairperson)

Symposium: A memory clinic for the community elderly. Meetings of the Western Psychological Association, Seattle, April, 1977. (Chairperson)


Symposium: Implications of research on adult development and aging for mental health and society. Presented at the Western Psychological Association, Los Angeles, March, 1976. (Chairperson)